

The Dino Ride (modified): Old Lyme to Colchester

Total Distance: **56.5 miles** Elevation Gain: **3113 feet**

Degree of Difficulty Index: **3113 ft / 56.5 mi = 55.10 ft/mi** Terrain: **Rolling to hilly**

Killer Hills: **Several hilly sections**

Geographical Region: **Southeast Connecticut**

City/Town: **Old Lyme**

Starting Location: **Rogers Lake boat launch, Grassy Hill Road, Old Lyme. Take I-95 Exit 70 on the east side of the Baldwin Bridge. At the bottom of the ramp take Route 1 north (easterly) and follow for about four miles until you pass some store fronts on the right near the end of Rogers Lake to your left. Just past Rogers Lake take the first left on Grassy Hill Road. The (well marked) boat launch is on the left in about one mile...but may be filled with boat trailers during weekends with nice weather.**

Ride Description: **This quite hilly ride heads up Grassy Hill Road before turning east to Chesterfield and a visit to Dinosaur Crossing on Route 85. The ride then turns south and goes into Flanders before heading up past Pattagansett Lake and then on to a rest stop at the Salem Creamery. Continuing, the ride takes some back country roads up to Colchester, the turn-around and probable lunch stop. Then head back down past Lake Hayward en route to a stop at Devil's Hopyard State Park. And then it's back to the starting point via Route 156 and several side roads.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
8.7	<i>Dinosaur Crossing (tourist attraction)</i>
15.1	Flanders section of East Lyme (various shops & stores)
~16.2	<i>Pattagansett Lake (views)</i>
25.6	Salem Creamery; possible lunch/snack stop (Salem Creamery sells ice cream products only)
34.8	Colchester business district, Sunshine Bike Shop
~39.4	<i>Lake Hayward (views)</i>
43.3	<i>Devil's Hopyard State Park picnic area (bathrooms & water available)</i>
50.6	Village of Hamburg with general store
~55.1	<i>Northern end of Rogers Lake (scattered views)</i>

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