

Two Lakes and the Airline Trail

Total Distance: **40.6 miles**

Elevation Gain: **2447 feet**

Degree of Difficulty Index: **2447 ft / 40.6 mi = 60.27 ft/mi** Terrain: **Hilly**

Killer Hills: **Several bruisers**

Geographical Region: **Southeast Connecticut**

City/Town: **Colchester**

Starting Location: **Rt. 2 Exit 16 CPL (Rt. 149) in Westchester**

Ride Description: **About a third of the ride is on the hard packed crushed stone of the Airline Trail (fine for road bikes); the rest is on pavement with lots of hilly sections. The two lakes referenced in the ride's title are Lake Pocotopaug and Amston Lake. This is a very pretty ride that visits sections of Connecticut that aren't often ridden on club rides. It's best to bring your lunch/snack but it can be purchased en route if necessary.**

The ride passes by the starting point at mile 22.3, which enables the ride to be shortened or done as two separate rides of 22.3 and 18.3 miles.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
<i>0.0</i>	<i>Start 1 mile stretch on the Airline Trail</i>
<i>12.2</i>	<i>Start lengthy stretch along Lake Pocotopaug (views)</i>
14.8	East Hampton business district: Various facilities nearby
<i>16.2</i>	<i>Start 6 mile stretch on the Airline Trail (possible lunch/snack stop along the way)</i>
22.3	Commuter Parking Lot: This is the same CPL at which the rides begins
<i>22.6</i>	<i>Start 4 mile stretch on the Airline Trail</i>
<i>27.2</i>	<i>Amston Lake (views); bathrooms @ beach</i>
34.1	Colchester business district: Various facilities nearby
<i>37.6</i>	<i>Start 3 mile stretch on the Airline Trail</i>

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