

The Big Bike Ride – Guilford to Hammonasset

Total Distance: **44.4 miles**

Elevation Gain: **1052 feet**

Degree of Difficulty Index: **1052 ft / 44.4 mi = 23.69 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Guilford**

Starting Location: **I-95 Exit 58 CPL (Route 77) in Guilford. Use the CPL on the west side of Route 77.**

Ride Description: **Enjoy scenic Connecticut shoreline in Guilford and Madison with a visit to Meigs Point in Hammonasset State Park. The ride is over mostly rolling terrain with lots of flat riding as well.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
3.9	<i>Start ~2 mile tour of Sachem's Head</i>
10.0	<i>Guilford Harbor (views); bathrooms and water available (seasonal)</i>
10.8+	<i>Henry Whitfield House on the left (the oldest remaining house in Connecticut)</i>
12.6+	Convenience store on right
15.4	Convenience store across N. Madison Road to left
~23.4	<i>Bauer Farm – gifted to town by the Bauer Bros. long time bachelor farmers & natives</i>
28.4	Fish Tale Restaurant on right and deli across Rt. 1 from Fish Tale
30.8	<i>Meigs Point pavilion (views); bathrooms and water (seasonal)</i>
36.2	<i>Madison Country Club</i>
42.3	Convenience store here
43.4	<i>Guilford Green; various shops abutting Green</i>

www.ctbikeroutes.org

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