

## Refuge and Rail Trail Roller

Total Distance: **42.7 miles**

Elevation Gain: **1333 feet**

Degree of Difficulty Index: **1333 ft / 42.7 mi = 31.22 ft/mi**      Terrain: **Flat to rolling**

Killer Hills: **A couple hilly sections**

Geographical Region: **North Central Connecticut**

City/Town: **Simsbury**

Starting Location: **International Skating Center of Connecticut, 1375 Hopmeadow Street (Route 10 & 202) in Simsbury near the Wagner car dealership**

Ride Description: **This is a scenic ride over mostly rolling terrain that explores the wooded roads through the McLean Game Refuge and travels along several sections of paved rail trail through Simsbury and Granby. There are couple "character building" hills along the way and the route includes about 1 mile of gravel path (OK for road bikes).**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	<i>International Skating Center of Connecticut (bathrooms, water, snack bar, skaters)</i>
1.2	<i>Simsbury Tri-Town Airport</i>
3.3	<i>Start 2.6-mile stretch of rail trail (paved, multi-use)</i>
8.0	<i>"Bryan's Landing" pull-off; views of Salmon Brook below</i>
12.1	<i>Super Stop &amp; Shop on the right</i>
25.9	<i>Entrance to Stratton Brook State Park – begin 0.4 mile stretch on gravel path into park</i>
26.3	<i>Stratton Brook State Park – suggested lunch stop near the covered bridge; bathrooms/water in season</i>
33.3	<i>Sperry Park (seasonal water) ...begin 2.5-mile stretch of rail trail (paved, multi-use)</i>
36.3	<i>Cross Farmington River; Pinchot Sycamore, the largest sycamore tree in Connecticut on left immediately after bridge</i>
38.3	<i>Pedestrian bridge over Farmington River (views)</i>
38.5	<i>Start 3.3-mile stretch of rail trail (paved, multi-use)</i>
42.7	<i>International Skating Center of Connecticut (bathrooms, water, snack bar, skaters)</i>

**[www.ctbikeroutes.org](http://www.ctbikeroutes.org)**

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