

Madison/Guilford M.S. Ride

Total Distance: **38.4 miles**

Elevation Gain: **799 ft**

Degree of Difficulty Index: **799 ft / 38.4 mi = 20.81 ft/mi**

Terrain: **Flat to Rolling**

Killer Hills: **None**

Geographic Region: **South Central**

City/Town: **Madison**

Starting Location: **I-95 Exit 62 (Hammonasset Exit) – there is no CPL at this exit**

Special Directions: **Park beside the chain link fence on Duck Hole Road (road sign)**

Ride Description: **This is a mostly flat ride (there are a couple modest hills) through sections of Madison and Guilford, with lots of ocean views. Visit Hammonasset State Park, Chaffinch Island Park, Mulberry Point, Vineyard Point and Sachem's Head. Chaffinch Island Park makes a delightful lunch stop, but you can't buy it there.**

NOTE: At mile 9.7 access to West Wharf may be restricted to Madison residents w/ a beach pass during summer months.

Facilities:

Mile	Facility
1.8	Lenny & Joes's Fish Tale restaurant on right, before crossing Rt. 1
1.8	Deli & Bakery on right after crossing Rt. 1
4.4	Meigs Point; Pavilion with water & restrooms (no water during winter months)
16.7	Guilford Harbor; Restrooms (closed in winter)
18.0	Right 0.1 mi. to Guilford Green with deli, bakery, and food store
20.3	Chaffinch Island Park; Port-a-potty here in summer
30.1	Convenience Store on right
30.6	Guilford Green with deli, bakery, and food store at far end

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