Warren's "Hills-Are-Our-Friends" (Manchester/Bolton/Hebron) Ride

Total Distance: 40.8 miles Elevation Gain: 2424 feet

Degree of Difficulty Index: 2424 ft / 40.8 mi = 59.38 ft/mi Terrain: Hilly

Killer Hills: There are several hilly sections

Geographical Region: Southeast Connecticut

City/Town: Manchester

Starting Location: Charter Oak Recreational Center Park, Manchester.

From I-384 eastbound, take Exit 3, bear right at the end of the ramp onto South Main Street and turn right at the traffic light onto Charter Oak Street. The park entrance is a right turn at the second traffic light.

From I-384 westbound, take Exit 3 and turn right at the end of the ramp onto Charter Oak Street. The park entrance is a right turn at the next traffic light.

Ride Description: As the ride title implies, there are lots and lots of hills on this ride and a couple of them will focus your mind. Nevertheless, the scenery and the downhill runs make it well worth your effort. Gay City State Park, with its pond, picnic tables and bathrooms makes an ideal mid-ride spot for a lunch or snack break.

Facilities and *Points of Interest*:

Mile	Facilities - Points of Interest
0.0	Charter Oak Recreational Area; bathrooms
0.0+	Start of 1.2 mile ride along bike path
4.8	Start of one of the tough hill sections
13.5	Hurst Orchard and country store up gravel drive to left (seasonal)
24.3	Gay City State Park @ the pond; picnic tables; bathrooms; views
34.0	9 th Hole (possible snack stop)
39.5	Start of 1.2 mile ride along bike path
40.8	Charter Oak Recreational Area; bathrooms

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