

## Don's Dirty Devil Ride

Total Distance: **47.6 miles**

Elevation Gain: **2316 feet**

Degree of Difficulty Index: **2316 ft / 47.6 mi = 48.65 ft/mi**

Terrain: **Rolling to hilly**

Killer Hills: **None: There are a few very hilly sections**

Geographical Region: **Southeast Connecticut**

City/Town: **Old Lyme**

Starting Location: **Big Y parking lot, Route 1 in Old Lyme just east of the Baldwin Bridge over the Connecticut River. Use I-95 Exit 70 (both directions) onto Route 1. The Big Y parking lot (@ a traffic light) is about 0.4 mile from bottom of both ramps.**

Ride Description: **This is a challenging ride over mostly rolling terrain with a few sharp hills that visits Devil's Hopyard State Park (both going and coming) en route to Lake Hayward. A good spot for a lunch/snack break is at Devil's Hopyard's Chapman Falls on the return trip from the lake. After the break the route heads back towards the shoreline and a rest stop at Hains Park at the south end of Rogers Lake in Old Lyme before returning to the starting point via Whipoorwill Road, a great biking venue.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	<i>Old Lyme Shopping Center with various shops and the Big Y (bathrooms in the Big Y)</i>
6.8	<i>Village of Hamburg: General store</i>
14.4	<i>Devil's Hopyard State Park picnic area (bathrooms &amp; water available)</i>
18.4	<i>Lake Hayward (views)</i>
23.8	<i>Chapman Falls @ Devil's Hopyard State Park...great spot for a lunch/snack break (views)</i>
39.1	<i>Hains Park @ south end of Rogers Lake (views); possible swim in season; bathrooms</i>
39.2	<i>Market with deli on left</i>
46.1	<i>Old Lyme village with various shops and an ice cream parlor (~46.4 miles)</i>
47.6	<i>Old Lyme Shopping Center with various shops and the Big Y (bathrooms in the Big Y)</i>

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