

Seaport Metric Century

Total Distance: **65.5 miles**

Elevation Gain: **3191 feet**

Degree of Difficulty Index: **3191 ft / 65.5 mi = 48.72 ft/mi** Terrain: **Rolling to hilly**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

City/Town: **Groton**

Starting Location: **Shopping center parking lot on the south side of Rt. 184 just east of the intersection of Rtes. 184 and 117 in Center Groton.**

Ride Description: **This ride travels over mostly rolling terrain in southeastern Connecticut, visiting Mystic, Stonington, North Stonington and Clarks Falls, crossing into Hopkinton Rhode Island, then back to Connecticut, passing through part of North Stonington again, Preston, Ledyard, and back to Groton. An interesting spot to consider for lunch is a roadside stop near a vineyard @ 35.7 miles.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Convenience store at shopping center
3.8	<i>Begin ~1-mile tour along River Road (views)</i>
5.0	<i>Downtown Mystic: many facilities over the next mile, including a bike shop</i>
5.2	Comfort station on right just after drawbridge
15.6	Rest stop at roadside park with small pavilion on the left (water available seasonally)
16.0	<i>North Stonington village</i>
28.1	Convenience store on corner here
35.7	<i>Possible lunch stop near vineyard at top of hill (views)</i>
40.2	<i>Foxwood Casino</i>
45.8	<i>Preston City village(not much of a "city")</i>
46.1	Convenience store
65.5	Convenience store at shopping center

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Note: Please be apprised that the route sheet for this ride needs editing. Some street names are missing from the route sheet, some street signs on the route may be missing, etc. --- but the mileage cues are accurate. If you take care and pay close attention to the mileage cues and your bike computer, you should do well and not get lost. Just be forewarned, is all...and don't daydream.