

Chuck's Guilford-Long Hill-Stony Creek Ride

Total Distance: **45.3 miles**

Elevation Gain: **1576 feet**

Degree of Difficulty Index: **1576 ft / 45.3 mi = 34.79 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None...but there are a few hilly sections**

Geographical Region: **South Central Connecticut**

City/Town: **Guilford**

Starting Location: **I-95 Exit 58 CPL (Rt. 77) in Guilford**

Ride Description: **This interesting ride over mostly rolling to flat terrain travels through much of Guilford, primarily on backcountry and residential roads, before making a sojourn over to Stony Creek. The ride passes Clear Lake on the North Branford – Guilford border, and Lake Quonnipaug and Our Lady of Grace Monastery in North Guilford, before heading back down to the shoreline for a stop at Chaffinch Island Park and a later visit to Stony Creek. This ride has it all: lakes, forested areas, farmlands, views of Long Island Sound...and more.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
3.1	<i>Guilford High School campus</i>
6.6	<i>View of Clear Lake to the right</i>
16.4	<i>Lake Quonnipaug; Guilford Town Beach</i>
17.8	<i>Our Lady of Grace Monastery</i>
25.2	Guilford Green; various shops and places to purchase food and beverages
27.5	<i>Chaffinch Island Park (great lunch/snack spot;) portable toilet (seasonal)</i>
28.9	<i>Begin tour of Mulberry Point (views of Indian Cove)</i>
31.3	<i>Causeway to Vineyard Point; start tour around Vineyard Point (lovely estates; views)</i>
31.8	<i>Views of the Sound while touring around Sachem's Head</i>
37.3	<i>Interesting mill pond (views; rest)</i>
38.5	Deli on left
38.8	<i>Stony Creek excursion boat landing; views of the Thimble Islands; gazebo (portable toilets)</i>
44.4	<i>Guilford Green</i>

www.ctbikeroutes.org

Wu-WE024 abb

DLB02051