

## Ledge's Connecticut River Ramble

Total Distance: **39.1 miles**

Elevation Gain: **2144 feet**

Degree of Difficulty Index: **2144 ft / 39.1 mi = 54.83 ft/mi**

Terrain: **Rolling to hilly**

Killer Hills: **A couple hilly sections**

Geographical Region: **South Central Connecticut**

City/Town: **Essex**

Starting Location: **Route 9 Exit 3 CPL (Route 154) in Essex; CPL is on Route 154 just east of intersection with Route 153.**

**Note: This is a small CPL with limited parking available during the work week.**

Ride Description: **This scenic ride over mostly rolling terrain (with a few hilly sections) passes through many towns along the lower Connecticut River including Essex, Deep River, Chester, Haddam (Tylerville), East Haddam, Moodus and Lyme (Hadlyme). Of particular interest will be visits to the historical village of Johnsonville, a lunch/snack break at Gillette Castle State Park and a trip across the Connecticut River on the Chester-Hadlyme Ferry (\$2.00). Consider a stop in Essex at the ice cream parlor located there...near the end of the ride.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.4	Centerbrook section of Essex: convenience store
2.2	<i>Ivoryton section of Essex (no services)</i>
6.1	<i>Winthrop section of Deep River (no services)</i>
12.1	<i>Chester village with various shops</i>
16.1	Tylerville: convenience store, Subway – both on left
16.7	<i>Connecticut River crossing via the East Haddam swing-bridge over Connecticut River (views)</i>
16.9	<i>Goodspeed Opera House and the Gelston House on right</i>
20.2	<i>Village of Johnsonville</i>
20.5	Moodus: convenience store on right
27.9	<i>Gillette Castle State Park; lunch/snack break at the pavilion; Bathrooms &amp; water available</i>
29.4	<i>Ferry ride across the Connecticut River (\$2.00)</i>
32.0	Deep River with various stores
32.2	<i>Start 5.6-mile tour along the Connecticut River (views)</i>
37.6	<i>Essex village with various stores; ice cream parlor towards bottom of Main Street</i>
37.7	Public bathroom in little park beside the post office and NewAlliance Bank on the right
38.0	<i>Connecticut River Museum; Essex town dock and boat launch; views of the Connecticut River</i>

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