

## Pequot Cyclists "The Lymes" Ride - modified

Total Distance: **53.7 miles**

Elevation Gain: **2680 feet**

Degree of Difficulty Index: **2680 ft / 53.7 mi = 49.91 ft/mi**

Terrain: **Rolling to hilly**

Killer Hills: **None, but lots of hilly sections**

Geographical Region: **Southeast Connecticut**

City/Town: **Niantic (East Lyme)**

Starting Location: **Niantic village municipal parking lot, Hope Street, off Pennsylvania Ave. (Rt. 161) in Niantic. At I-95 Exit 74 take Rt. 161 south for ~ 4 ½ miles to Niantic. Hope Street is the last right turn before reaching the end of Rt. 161 at its intersection with Rt. 156 at a traffic light. The municipal parking lot will be on your left shortly after turning onto Hope Street and passing a small bike shop.**

Ride Description: **This challenging half-century ride has numerous hilly sections and should be attempted only by those in excellent biking condition. That said, you will be rewarded with some great back road riding. Points of interest are Rogers Lake, Tiffany Farm in Lyme, Old Lyme village and the Old Lyme Country Club... amongst several others.**

Facilities and *Points of Interest*:

| <b>Mile</b> | <b>Facilities - <i>Points of Interest</i></b>                                                                                                                                                         |
|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 0.0         | Niantic: Many facilities                                                                                                                                                                              |
| 2.5         | Convenience store on left                                                                                                                                                                             |
| 30.2        | Hamburg: General Store on right                                                                                                                                                                       |
| 31.6        | <i>Tiffany Farm, a 140-acre, 100-head dairy farm operation and the first farm in Connecticut protected through the State's Farmland Preservation Program</i>                                          |
| 37.1        | <i>Hains Park @ south end of Rogers Lake (views);</i> seasonal bathrooms; good spot for lunch<br>Coffee's General Store (deli sandwiches, beverages, snacks, etc.) is located 0.1 mile south on Rt. 1 |
| 43.1        | <i>Old Lyme village; ice cream parlor on the right @ ~43.4 miles</i>                                                                                                                                  |
| 44.5        | <i>Portion of Old Lyme Country Club in view here</i>                                                                                                                                                  |
| 51.2        | Convenience store on right                                                                                                                                                                            |
| 53.7        | Niantic: Many facilities                                                                                                                                                                              |

**[www.ctbikeroutes.org](http://www.ctbikeroutes.org)**

Wu-WE019 abb

DLB01087