

## Pam's Suffield Village-Stanley Park Ride

Total Distance: **40.8 miles**

Elevation Gain: **1216 feet**

Degree of Difficulty Index: **1216 ft / 40.0 mi = 29.80 ft/mi**

Terrain: **Flat to Rolling**

Killer Hills: **None**

Geographical Region: **North Central Connecticut**

City/Town: **Suffield**

Starting Location: **Suffield Village parking lot on Bridge Street near intersection of Route 75 & 168 in Suffield. Park in back of the library facing Highland Park Market or on the far (north) side of Highland Park Market.**

**Note: To start ride, use the parking lot exit directly onto Route 75 rather than the Bridge Street exit.**

Ride Description: **This is a superior ride along back roads in Suffield, and Southwick and Westfield, Massachusetts. It passes by farms and fields en route to the suggested lunch stop at Stanley Park in Westfield. After the Stanley Park visit the route heads over to Congamond Lakes before returning to Suffield Village. The route uses many smooth surfaced back roads with little traffic that are great for fast paced bike riding. The vistas of farm lands, tree & shrub nurseries, open fields and occasional forested areas are really special.**

**Stanley Park is a jewel...an exceptional mid-ride place to visit, explore, have a bite to eat and catch your second wind.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	Suffield Village: Highland Park Market with restroom
18.3	<i>Stanley Park, Westfield, Mass. Contained in its 275-acre space are beautiful gardens, quaint gazebos, a Carillon bell tower with stained glass windows, boardwalks around a pond and more. The gardens, which burst with color, are lovingly maintained. Water and restrooms. A great place for lunch...or just a visit</i>
20.6	Small convenience store on right
29.7	Supermarket, Millies Country Convenience (deli), McDonald's
40.8	Suffield Village: Highland Park Market with restroom

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