

## **Richard Sachs' Chester/Higganum Training Ride**

Total Distance: **47.4 miles**

Elevation Gain: **3539 feet**

Degree of Difficulty Index: **3539 ft / 47.4 mi = 74.66 ft/mi**      Terrain: **Very hilly**

Killer Hills: **Several including Nedobity Road and Weise-Albert Road**

Geographical Region: **South Central Connecticut**

City/Town: **Chester**

Starting Location: **Rt. 9 Exit 8 CPL (Rt. 148) in Chester**

Ride Description: **This is a very challenging and hilly ride. Only strong and/or very fit riders should attempt it. There are two killer hills (Nedobity Road & Weise-Albert Road) before the half-way point at Miller's Pond State Park (this is a good place for a lunch or snack break...best to bring since there are few if any places to purchase food & drink along the way) and several hilly sections after the break. Having offered this fair warning, however, the rewards for your hard work are super. The route travels on mostly back roads in Chester, Higganum, Durham, Killingworth and Deep River and it has many great downhill sections and some terrific "back country" scenery en route. Although the route uses state roads (Rte's 148, 80 & 145) on about a third of the return trip, the road surfaces are great and there are (for the most part) wide, paved shoulders to ease your way.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
<b>1.5</b>	<b><i>Cedar Lake</i></b>
<b>12.0</b>	<b>Higganum Center...various stores</b>
<b>21.3</b>	<b><i>Miller's Pond State Park...great spot for lunch/snack overlooking the pond</i></b>
<b>44.8</b>	<b><i>Entrance to Chester Airport</i></b>

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