

Devil's Hopyard Ride

Total Distance: **38.1 miles**

Elevation Gain: **1979 feet**

Degree of Difficulty Index: **1979 ft / 38.1 mi = 51.94 ft/mi**

Terrain: **Rolling to Hilly**

Killer Hills: None: **A couple hilly sections on the return from Devil's Hopyard State Park**

Geographical Region: **Southeast Connecticut**

City/Town: **Old Lyme**

Starting Location: **Old Lyme Shopping Center, Big Y parking lot, Route 1 in Old Lyme. Heading east (north), take I-95 Exit 70 (Route 156/Route 1) just after crossing the Connecticut River on the Baldwin Bridge; go left at the traffic light at the bottom of the exit ramp on Route 156; at the 2nd traffic light, go right on Route 1; the Big Y parking lot will be on your right shortly at a traffic light. Heading west (south) take I-95 Exit 70 (Route 1 Old Lyme); go straight at bottom of exit ramp through the traffic light onto Route 1; the Big Y parking lot will be on the left at a traffic light in about 0.4 miles.**

Ride Description: **This is a neat ride over mostly rolling terrain with a couple of serious hills (Gungy Road & Grassy Hill Road) on the return from Devil's Hopyard State Park. The turnaround place is at the picnic area in Devil's Hopyard State Park, a lovely spot for your lunch/snack break. Shortly after negotiating the hilly sections mentioned above, the route stops off at Hains Park at the south end of Rogers Lake, a fine spot to catch your breath after your hilly exertions. Consider a visit to Hallmark's for ice cream towards the end of the ride.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Old Lyme Shopping Center with various shops; bathrooms available in the Big Y</i>
6.8	<i>Hamburg village with general store</i>
14.5	<i>Devil's Hopyard State Park picnic area near the covered bridge; bathrooms and water (pump) available</i>
29.5	<i>Hains Park at the south end of Rogers Lake</i>
29.6	<i>Market with deli on left</i>
35.0	<i>Hallmark's (ice cream stop)</i>
36.6	<i>Old Lyme village; another ice cream parlor on the left (~ 36.9 miles)</i>
38.1	<i>Old Lyme Shopping Center with various shops; bathrooms available in the Big Y</i>

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