

Westbrook Country Roads

Total Distance: **37.6 miles**

Elevation Gain: **1407 feet**

Degree of Difficulty Index: **1407 ft / 37.6 mi = 37.42 ft/mi**

Terrain: **Rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Westbrook**

Starting Location: **I-95 Exit 64 CPL (Rt. 145/Horsehill Road) in Westbrook**

Ride Description: **This is a ride over mostly rolling terrain in Westbrook, Clinton, Ivoryton, Centerbrook and Essex with extensive views of Long Island Sound. In Essex, the ride goes to the Essex Town Dock and the Connecticut River Museum on the Connecticut River.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
5.0	Convenience store on corner
8.4	<i>Gazebo overlooking Menunketesuck River and a marina across river</i>
9.2	<i>Start tour of Pilot's Point Marina/Boatyard...bathrooms located near Boom's Restaurant</i>
9.9	<i>Start lengthy ride along Westbrook shoreline (outstanding views)</i>
10.8	Bathrooms (seasonal) at Westbrook Town Beach
16.5	<i>Messerschmidt Pond (views)</i>
22.1	Entering Ivoryton (section of Essex)
~23.0	Entering Centerbrook (section of Essex)
25.0	Essex business district
25.1	Public bathroom in park beside post office and NewAlliance Bank
25.3	<i>Connecticut River (Essex Town Dock & the Connecticut River Museum); lunch stop (?)</i>
27.8	Centerbrook
29.5	Ivoryton

Note: Pilot's Point Marina/Boatyard is often not accessible from the main entrance on Rte. 1 between (roughly) Memorial Day and Labor Day. The rear entrance from Seaview Ave. typically is not guarded and access to the marina and Boom's Restaurant is available therefrom. Continue past the front entrance on Rte. 1 for ~ 0.3 miles, turn R on Post Rd. to Seaview Ave. @ the SS and then R on Seaview for ~ 0.7 miles to the rear entrance @ the (usually unmanned) security kiosk.

www.ctbikeroutes.org

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DPS, 11-15-97 (updated 8-20-15)