

Renate's Niantic Center School Ride

Total Distance: **30.1 miles**

Elevation Gain: **1322 feet**

Degree of Difficulty Index: **1322 ft / 30.1 mi = 43.92 ft/mi** Terrain: **Rolling**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

City/Town: **Niantic (East Lyme)**

Starting Location: **Niantic Center School on Rt. 156 (W. Main St.) about 2 miles east of the Rocky Neck Connector (I-95 Exit 72) intersection with Rt. 156**

Ride Description: **Much of the first portion of the ride is over rolling terrain through a lesser traveled portion of Niantic and features some lake front riding past Pattagansett Lake. Hains Park at the south end of Rogers Lake is a great spot for a lunch or snack break. During the 2nd half of the ride the route visits Rocky Neck State Park.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
4.8	Scott's Farm Store @ corner of Rt. 1 & No. Bride brook Rd.
~ 8.0	<i>Views of Pattagansett Lake</i>
15.1	<i>Hains Park @ south end of Rogers Lake (seasonal bathrooms; possible lunch/snack spot); views</i>
15.2	Grocery Store with deli on left (A good place to pick up a sandwich. Return to Hains Park for a lunch stop.)
25.7	<i>Rocky Neck State Park (bathrooms & water available; concession stand open during summer)</i>

www.ctbikeroutes.org

Wu-SL051 abb

DLB98166