

Guilford's Goose Lane to Hammonasset Ride #3

Total Distance: **31.5 miles**

Elevation Gain: **802 feet**

Degree of Difficulty Index: **802 ft / 31.5 mi = 25.46 ft/mi**
Rolling

Terrain: **Flat to**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Guilford**

Starting Location: **I-95 Exit 59 CPL (Goose Lane) in Guilford**

Ride Description: **This is a mostly flat ride (with one or two modest hills) through sections of Guilford and Madison. Lenny & Joe's Fish Tale Restaurant and/or at Hammonasset State Park's West Beach picnic grove make excellent lunch stops. The return trip features a scenic ride along Madison's shoreline with fine views of L. I. Sound.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Convenience Store just south of CPL
15.4	Fish Tale Restaurant on right; Deli & Bakery across Rt. 1 on right
16.9	Hammonasset State Park: Restrooms in season, Portable Toilets out of season; Picnic Tables
~20.1	East Wharf: Restrooms in season, Portable Toilets out of season on left
21.3	<i>Sensational view of the Sound at the West Wharf jetty</i>
~26.4	<i>The Country School campus</i>
31.5	Convenience Store just south of CPL

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