

Guilford's Goose Lane to Hammonasset Ride #1

Total Distance: **27.4 miles**

Elevation Gain: **830 feet**

Degree of Difficulty Index: **830 ft / 27.4 mi = 30.29 ft/mi**

Terrain: **Flat/Rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Guilford**

Starting Location: **I-95 Exit 59 (Goose Lane) in Guilford**

Ride Description: **This is a mostly flat ride (with one or two modest hills) through sections of Guilford and Madison. Lenny and Joe's Fish Tale Restaurant and/or at Hammonasset State Park's West Beach picnic grove provide good lunch stops. The return trip from Hammonasset State Park features a scenic ride along the Madison shoreline with fine views of Long Island Sound.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Convenience Store just south of CPL
15.5	Fish Tale Restaurant on right; Deli & Bakery across Rt. 1 on right
17.0	Hammonasset State Park: Restrooms in season, Portable Toilets out of season; Picnic Tables
~20.4	East Wharf: Restrooms in season, Portable Toilets out of season on left
21.5	<i>West Wharf jetty (spectacular view of Long Island Sound)</i>
27.4	Convenience Store just south of CPL

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