

A Mystic-Stonington-No. Stonington Ride (Backwards)

Total Distance: **31.1 miles**

Elevation Gain: **797 feet**

Degree of Difficulty Index: **797 ft / 31.1 mi = 25.63 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

City/Town: **Mystic (Stonington)**

Starting Location: **Olde Mystik Village parking lot near the red caboose adjacent to the Mystic Aquarium. Use I-95 Exit 90 and follow signs to Mystic Aquarium and Olde Mystik Village.**

Ride Description: **This is a ride over mostly flat to rolling terrain and has something of interest for everyone. The route goes down into Stonington Village en route to Stonington Point and its marvelous views of Fishers Island Sound to the southwest and Block Island Sound to the southeast. The route then heads inland up and past wine country into No. Stonington Village where you might can stop for lunch or a snack at a small recreation area with a pavilion. After the lunch/snack break (best to bring since places to purchase food on the route are limited) the route heads back toward the ocean and features a lovely ride along the Mystic River before returning to the starting point via a seldom used "back door" route.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Mystic Aquarium & Olde Mystik Village (public bathroom and various shops)</i>
5.5	<i>Beginning of tour through Stonington Village</i>
6.2	<i>Stonington Point (views)</i>
6.9	Possible comfort stop @ library
15.4	<i>Roadside park with pavilion (good spot for a lunch/snack break)</i>
15.8	<i>Stonington Village</i>
24.4+	<i>Start tour along the Mystic River (views)</i>
27.3	<i>Downtown Mystic; drawbridge</i>
27.4+	Comfort station on right (walk bikes)
31.1	Mystic Aquarium& Olde Mystik Village

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