

Ruth & Howard's Guilford/Madison/Hammonasset Ride

Total Distance: **34.3 miles**

Elevation Gain: **636 feet**

Degree of Difficulty Index: **636 ft / 34.3 mi = 18.54 ft/mi**

Terrain: **Flat**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Guilford**

Starting Location: **I-95 Exit 58 CPL (Rt. 77) in Guilford**

Ride Description: **This is a mostly flat ride through Guilford and Madison visiting the Madison Surf Club, Hammonasset State Park, Guilford Green, Guilford Harbor and many shoreline scenic areas. This is an excellent early season ride that will enable you to get your bike legs under you without undue stress.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
6.4	<i>Unique view of Guilford Harbor & L.I. Sound</i>
10.1	<i>Madison Country Club</i>
11.3	<i>Madison Surf Club; bathrooms available (restricted entry during July & August)</i>
12.4	<i>Outstanding ocean view for about 0.25 miles</i>
~ 13.0	Portable Toilet at East Wharf on right
16.0	Hammonasset State Park: Portable toilets
16.0	<i>Hammonasset State Park: Beach</i>
24.9	<i>The Country School on the left</i>
28.5	Convenience Store on right
29.7	<i>Guilford Green</i> : Various facilities including grocery store, coffee shops, deli
30.9	Guilford Harbor: Restrooms
31.7	<i>The Henry Whitfield House (1639) is the oldest remaining house in Connecticut. On display are historical artifacts from the culture of early New England settlers and a wealth of pieces dating to the 17th and 18th centuries.</i>

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