

## **Harkness Park-McCook Park-Camp Rell Ride**

Total Distance: **28.2 miles**

Elevation Gain: **614 feet**

Degree of Difficulty Index: **614 ft / 28.2 mi = 21.77 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

City/Town: **Niantic**

Starting Location: **Parking lot on Rt. 156 on the west side of the Niantic River drawbridge; from the center of Niantic (intersection of Rt. 161 & Rt. 156), go east on Rt. 156 towards Waterford for about 0.5 miles. Parking lot is on the left as you start uphill on the bridge.**

Ride Description: **This mostly flat ride passes through several of the Waterford & Niantic beach communities with pretty water views. The ride visits Harkness Park, the O'Neill Theater Center and Camp Rell. (Camp Rell is a Connecticut National Guard facility that is always named after the current governor of Connecticut. It might not be open to public due to 9/11 tragedy.)**

**Note: Millstone Nuclear facility is currently not open to the public and Camp Rell may not be open because of security concerns post 9/11. The route sheet considers this and provides instructions on how to by-pass these facilities. Sorry for the inconvenience.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.8	Access road into Millstone Nuclear Power plant (not presently open to the public)
5.8	<i>Harkness State Park (views); bathrooms &amp; water in season</i>
6.6	<i>Rear entrance to Camp Harkness</i>
7.0	<i>Eugene O'Neill Theater Center – tour grounds (views)</i>
14.8	Window service sandwiches & ice cream restaurant with picnic tables
15.1+	<i>McCook Point Park (views); good spot for a lunch or snack break (bathrooms &amp; water)</i>
16.2	<i>Begin tour of Black Point (outstanding views)</i>
24.9	<i>Entrance to Camp Rell (may not be open to public)</i>

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