

Goose Lane to Clinton Harbor

Total Distance: **31.5 miles**

Elevation Gain: **934 feet**

Degree of Difficulty Index: **934 ft / 31.5 mi = 29.65 ft / mi**

Terrain: **Flat to Rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Guilford**

Starting Location: **I-95 Exit 59 CPL (Goose Lane) in Guilford**

Ride Description: **This is a ride over mostly flat terrain through portions of Guilford, Madison and Clinton (there are a couple modest hills). It features interesting views of the Hammonasset River as well as several vistas of Long Island Sound, and includes a stop @ the Clinton Town Dock overlooking Clinton Harbor. There is also an overlook of the salt marsh looking south toward Hammonasset State Park**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Convenience Store 0.2 mi. south of CPL
~9.1	<i>Branch of the Hammonasset River</i>
14.0	<i>Hammonasset River</i>
16.0	Friendly's Restaurant, small deli to right & convenience store to left on Rt. 1
17.1	<i>View of salt marshes and Hammonasset State Park beyond</i>
18.2	<i>Clinton Town Dock: Snack Bar, Portable Toilets</i>
21.3	<i>Small pond w/ gazebo and benches (views)</i>
22.4+	<i>Bridge over Hammonasset River</i>
24.9+	<i>Corner of Madison Green</i>
26.0	<i>West Wharf (Madison) – spectacular view of the Sound</i>
31.5	Convenience Store 0.2 mi. south of CPL

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