Guilford Lakes/The Timberlands Roundabout

Total Distance: **30.1 miles** Elevation Gain: **1272 feet**

Degree of Difficulty Index: 1272 ft / 30.1 mi = 42.26 ft /mi

Terrain: Rolling

Killer Hills: None

Geographical Region: South Central Connecticut

City/Town: Madison

Starting Location: Robert's Food Market parking lot, Rt. 80 in No. Madison (200 yards east of Rt. 79/Rt. 80 traffic circle) Park away from the various businesses, in the more remote areas of the parking lot.

Ride Description: This ride travels over mostly rolling terrain and features visits to the Guilford Lakes, Guilford Harbor and circumnavigates the Timberlands, a 650 acre (+/-) tract of managed forest land near Guilford Lakes. It also passes through some quiet residential areas of Guilford and Madison. The Guilford Green provides a nice respite for lunch.

Facilities and Points of Interest:

Mile	Facilities - Points of Interest
0.0	Grocery store (Robert's Food Market), restaurant. Restrooms in market.
11.3	Guilford Lakes dam and spillway (no facilities)
11.7	Guilford Lakes 9-hile Golf Course on the right
~12.3	Convenience Store
15.0	Various facilities to the left and right along Route 1
15.4	Guilford Green: various shops and eateries
16.8	Guilford Harbor: water and restrooms in season
18.8	Convenience store
19.1+	Bishop's Orchards (back entrance to left after turning onto Long Hill Road): fresh
	produce, bakery, restroom
~22.0	Convenience Store
22.5 -	26.0 Pass to the left of and around the Timberlands, a tract of managed forest land
	with hiking trails (no facilities)
30.1	Grocery store (Robert's Food Market), restaurant. Restrooms in market

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