

Fort Trumbull Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **31.0 miles**

Elevation Gain: **1156 feet**

Degree of Difficulty Index: **1156 ft / 31.0 mi = 37.3 ft/mi**

Terrain: Flat to **Rolling**

Killer Hills: **None**

Geographical Region: **Southeast Connecticut**

Starting Location (city/town): **Niantic (East Lyme)**

Starting Location (detailed directions to): **Parking area on the opposite side of the street from the Niantic Bay Bicycles shop located at 8 Methodist St, Niantic, CT. Take I-95 to Exit 74 (Flanders Rd CT 161). Follow CT 161 south to end at CT 156. Right (west) on CT 156 for about 700 ft, and turn right onto Methodist St. Street parking on right side**

Ride Description: **This very mellow ride is over mostly flat terrain with a few modest hills. It travels over to New London along mostly shoreline venues including Black Point, Harkness State Park, Mitchell College and others to Fort Trumbull State Park. Add a tour of Seaside Park at mile 12.8 for additional views.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
<i>1.8</i>	<i>Begin tour of Black Point</i>
<i>3.9</i>	<i>Old Black Point Croquet Courts</i>
<i>7.2</i>	McCook Point Park (bathrooms); nice ocean views & seating along shore
<i>8.8</i>	<i>Niantic River Bridge crossing</i>
<i>12.8</i>	<i>Seaside State Park. (Great views if you have time)</i>
<i>14.0</i>	Harkness State Park (bathrooms & water); views
<i>14.5</i>	<i>Camp Harkness</i>
<i>16.2</i>	<i>Ocean Beach Amusement Park</i>
<i>17.5</i>	<i>Views of the Thames River</i>
<i>19.1</i>	<i>Fort Trumbull State Park</i>
<i>19.4</i>	Fort Trumbull picnic area with bathrooms.
<i>20.8</i>	<i>Lawrence & Memorial Hospital</i>
<i>21.4</i>	<i>Michaels Dairy & Mitchell College campus</i>

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Ride description: wu-new247

Route sheet: rs-new247

Ride with GPS Route Name: 247Fort Trumbull

Ride submitted by: Stein Roaldset 03/11/2013