

Easing Past Essex Meadows Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **32.5 miles**

Elevation Gain: **1520 feet**

Degree of Difficulty Index: **1520 ft / 32.5 mi = 46.8 ft/mi** Terrain: **Rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Rt. 9 Exit 8 (Old Exit 6) CPL (Rt. 148) in Chester**

Ride Description: **This is a mellow (lots of flat riding with only a few modest hills) and scenic ride that heads down through Deep River and Centerbrook on its way to Old Saybrook and a possible lunch/snack stop at Cornfield Point. After the lunch/snack stop the ride scoots back on some seldom traveled (by bicycle) roads into Westbrook and Ivoryton before returning to the starting point.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
5.0	<i>Centerbrook section of Essex</i>
6.3	<i>Essex Meadows retirement community on the right (ride's namesake)</i>
13.8	<i>Cornfield Point (views); possible lunch/snack stop</i>
21.3	<i>Westbrook High School and Middle School on the right</i>
26.7	<i>Ivoryton Green & Gazebo - Portalets ususally available in parking lot</i>

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Ride description: wu-new246

Route sheet: rs-new246

Ride submitted by: DPS 5/1/01 (revised PAR 03/12/2023)