

Westbrook Country Roads Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **36.0 miles**

Elevation Gain: **1485 feet**

Degree of Difficulty Index: **1485 ft / 36.0 mi = 41.25 ft/mi** Terrain: **Rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Stewart B. McKinney National Wildlife Refuge Headquarters
733 Old Clinton Rd, Westbrook, CT**

Starting Location (detailed directions to): **Take I-95 to Exit 64 and go south on Horse Hill Road (Rt. 145). At the stop sign, turn left onto Old Clinton Rd. The visitor parking area is about 1 mile down the road on the right.**

Ride Description: **This is a ride over mostly rolling terrain in Westbrook, Clinton, Ivoryton, Centerbrook and Essex with extensive views of Long Island Sound. In Essex, the ride goes to the Essex Town Dock and the Connecticut River Museum on the Connecticut River.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0	Visitor Center
9.5	<i>Gazebo overlooking Menunketesuck River and a marina across river</i>
10.3	<i>Start tour of Pilot's Point Marina/Boatyard...bathrooms located near Boom's Restaurant</i>
11.1	<i>Start lengthy ride along Westbrook shoreline (outstanding views)</i>
11.3	Bathrooms (seasonal) at Westbrook Town Beach
17.0	<i>Messerschmidt Pond (views)</i>
21.6	<i>Ivoryton (section of Essex). Town Green & Gazebo</i>
23	<i>Entering Centerbrook (section of Essex)</i>
24.5	<i>Essex business district</i>
24.6	Public bathroom and Gazebo at Essex Park next to Post Office
24.8	<i>Connecticut River (Essex Town Dock & the Connecticut River Museum); lunch stop (?)</i>
29.0	<i>Ivoryton (section of Essex). Town Green & Gazebo</i>
36	Visitor Center

Note: Pilot's Point Marina/Boatyard is private property and sometimes not accessible from the main entrance on Rte. 1 between (roughly) Memorial Day and Labor Day. To continue the ride without entering Pilots Point Marina, continue on Rte. 1 for approximately 0.6 miles to Seaview Ave

Ride description: **wu-new245**

Route sheet: **rs-new245**

Ride submitted by: **DPS, 11-15-97 (updated PAR 03/11/2023)**

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