

# Monastery & Marina Ride

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **30.0 miles**

Elevation Gain: **1500 feet**

Degree of Difficulty Index: **1500 ft / 30 mi = 50 ft/mi** Terrain: **Rolling to Hilly**

Killer Hills: **None**

Geographical Region: **South Central CT**

Starting Location (city/town): **Guilford, CT**

Starting Location (detailed directions to): **Hoop Pole Rd at the intersection of Race Hill Rd, in a gravel parking area opposite the monastery.**

Ride Description: **A gentle start around Lake Quonnipaug in Guilford. Then, a nice climb up Great Hill and onto some very scenic and quiet country roads. The ride then proceeds South to the Guilford shoreline and to the Harbor. The return path back to the starting location is a nice easy gradual climb on rolling terrain.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
3.0	Porta-potty in Parking lot of Guilford Beach (seasonal)
20.1	Bath rooms at Town Beach. Also picnic area.
20.6	Guilford Town Dock area.

**[www.ctbikeroutes.org](http://www.ctbikeroutes.org)**

**Ride description: Wu-New234**

**Route sheet: RS-New234**

**Ride submitted by: Vic LaBarre**