

A Ledyard-Old Mystic-Preston Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **30.5 miles**

Elevation Gain: **1778 feet (approx.)**

Degree of Difficulty Index: **1778 ft / 30.58 mi = 58.14 ft/mi**

Terrain: **Flat to Rolling (est'd)**

Killer Hills: **None**

Geographical Region: **Southeast**

Starting Location (city/town): **Ledyard**

Starting Location (detailed directions to): **After crossing the Thames River on I-95N (easterly) take 1st exit (left lanes) onto Rte. 12; follow for ~ 6.8 miles; turn right onto Rte. 214 (easterly) and follow for ~ 4.5 miles to Sawmill Park on the right.**

Ride Description: **This is a mellow ride over mostly flat to rolling terrain (with a few hilly sections) through sections of Ledyard, Old Mystic and Preston that features stops at Long Lake, Lake of Isles and Preston Ridge Vineyard. There are a few stops along the way where supplies can be purchased.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
5.8	<i>Leave route TCO No. Stonington Road for ~ 0.2 miles; Clyde's Cider Mill on the left</i>
10.0	<i>Long Pond (north end); boat launch w/ a comfort station</i>
11.3	<i>Entrance via Trolley Road Blvd to Foxwoods Resort Casino w/ Lake of Isles golf courses (two 18-hole courses)</i>
12.6	<i>Lake of Isles club house</i>
18.4	Preston General Store – food, water, bathrooms; other stores in this shopping complex
23.4	<i>Preston Ridge Vineyard: limited hours...Fri: 1:00pm – 9:00pm; Sat & Sun: 11:00am – 4:30pm</i>
26.6	To the right on Mathewson Mill Road is an ice cream parlor (Jimmie's) w/ comfort station

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Ride description: **Wu-New226**

Route sheet: **RS-New226**

Ride submitted by: **Mark Kiley, 10/11/15 (updated by DPS on 10/17/15)**

