The Bike Shop's Strong Road Historic Windsor Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **34.4 miles** Elevation Gain: **937 feet**

Degree of Difficulty Index: 937 ft / 34.4 mi = 27.2 ft/mi

Terrain: Flat to rolling

Killer Hills: None

Geographical Region: North Central CT

Starting Location: The Bike Shop, 199 Strong Road, South Windsor, CT

Starting Location: Strong Road crosses Rte 5 approximately 1.5 miles south of the East Windsor Town line and 3 miles north of the I-291 and Rte 5 Intersection. The Bike Shop, 199 Strong Road is 200 yards west of Rte 5 (headed toward Main Street).

Ride Description: The ride is relatively flat riding up and down the east and west sides of the Connecticut River. There are historic homes in both South Windsor and Windsor.

Facilities and Points of Interest:

Mile	Facilities - Points of Interest
4.3	Bisssell Bridge across the CT river
10.6	Cross the Farmington River just before entering the CT river
12	Historic Windsor District
20.5	Windsor Locks Canal Path Park, Enfield Rapids on the CT River
21.1	Rte 190 Bridge and Bike Path over the CT River

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Ride description: Wu-New225

Route sheet: RS-New225

Ride submitted by: Andy Johnson (revised PAR 3/29/2018)