

## See Both Sides of the Connecticut River Ride (new starting location)

Total Distance: **34.0 miles**

Elevation Gain: **601 feet**

Degree of Difficulty Index: **601 ft / 34.0 mi = 17.69 ft/mi**      Terrain: **Flat**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

City/Town: **Old Saybrook**

Starting Location: **I-95 north Exit 68 to Rt. 154; @ 3<sup>rd</sup> traffic light turn left to continue on Rt. 154 (Rt. 1 goes straight here) through the Old Saybrook business district and continue for about 2.1 miles to a stop sign where Rt. 154 goes sharply right; Saybrook Point is directly ahead from the stop sign.**

Ride Description: **This is a mostly flat ride in Old Saybrook and Old Lyme with some sensational views of Long Island Sound and the Connecticut River. The trip visits Fenwick, Cornfield Point and uses the Baldwin Bridge bike path to cross the Connecticut River. The route visits the DEP Marine Headquarters on Old Lyme's Ferry Road (possible lunch or snack stop) and continues over some great bike touring roads on the return trip. There is a possible ice cream stop at Hallmark's (now named Peterson's) near the end of the ride.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	<i>Saybrook Point: views; seasonal bathrooms</i>
0.2	<i>Causeway</i>
1.0	<i>Start tour of Fenwick (watch cues carefully to stay on course)</i>
4.4	<i>Cornfield Point</i>
4.9	<i>Interesting views of marshes that abut Rt. 154</i>
6.6	<i>McDonald's Restaurant</i>
10.4	<i>Portable bathroom facilities under Baldwin Bridge near boat launch</i>
10.9	<i>Beginning of bike path over the Connecticut River on the Baldwin Bridge (~ 1.0 mi. long)</i>
12.9	<i>DEP Marine Headquarters: good spot for lunch/snack</i>
12.9+	<i>Ride bikes to end of boardwalk (if not crowded) for sensational view of Long Island Sound</i>
14.4	<i>Old Lyme business district</i>
18.0	<i>Start of great riding on Whippoorwill Rd; smooth surface and gentle turns (a favorite of mine)</i>
22.2	<i>Black Hall Country Club</i>
23.4	<i>White Sands Beach (views); seasonal bathrooms</i>
24.6	<i>Hallmark's (now named Peterson's) ice cream and snacks on the left</i>
25.6	<i>Old Lyme Country Club</i>
27.4	<i>Beginning of bike path over the Connecticut River on the Baldwin Bridge</i>
31.1	<i>Saybrook Crossing shops; Old Saybrook RR Station (water &amp; bathrooms)</i>
31.4	<i>Beginning of Old Saybrook business district</i>
32.9	<i>Start of tour through North Cove (views)</i>

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**Original Ride Submitted by: Carol Marchion, 5/22/09 (revised/updated by DPS, 4/16/14)**