

The Bike Shop Strong Road Cows & Horses Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **31.7 miles**

Elevation Gain: **1016 feet**

Degree of Difficulty Index: **1016 ft / 31.7 mi = 32.0 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **North Central CT**

Starting Location: **The Bike Shop, 199 Strong Road, South Windsor, CT**

Starting Location: **Strong Road crosses Rte 5 approximately 1.5 miles south of the East Windsor Town line and 3 miles north of the I 291 and Rte 5 Intersection. The Bike Shop, 199 Strong Road is 200 yards west of Rte 5 (headed toward Main Street).**

Ride Description: **The ride is relatively flat with three moderate hills, Tomoko Road, Maple Street and Scantic. The ride traverses the farm lands of South Windsor, Ellington, Somers and East Windsor. Main Street South Windsor has many older historic homes.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
9.8	<i>Large Dairy Farm</i>
14.4	<i>Fair Grounds</i>
15.9	<i>Beginning of Horse Country, next 2 miles</i>
16.8	<i>Picnic Area in Somersville along river; picnic tables and facilities</i>

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Ride description: Wu-New217

Route sheet: RS-New217

Ride submitted by: Andy Johnson (Revised PAR 3/29/2018)