

# Windsor Locks Canal Path Ride

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **34.0 miles**

Elevation Gain: **1200 feet (est'd)**

Degree of Difficulty Index: **1200 ft / 34.0 mi = 35.29 ft/mi**      Terrain: **Flat to rolling (est'd)**

Killer Hills: **Ellsworth Road, short but steep**

Geographical Region: **North Central Connecticut**

Starting Location: **Town Center Shops, 1735 Ellington Road, South Windsor, CT**

Directions to Starting Location : **From I84, take Exit 62, head north on Buckland Street, approximately one mile north of Evergreen Walk, turn left into Town Center Shops. From North Rte 5, take Sullivan Ave, just after center of S. Windsor (intersection of Rte 30), take right into Town Center Shops. From I291, take Exit 4, straight from West to Rte 30, from East left Rte 5 and first right to Chapel, left @ traffic light to Rte 30. 5<sup>th</sup> traffic light from west, 4<sup>th</sup> from east into Town Center Shops.**

Ride Description: **Rural Areas of S. Windsor & East Windsor; view of Ct River from Bridges; historic homes in Enfield on Rte 5 and the historic Windsor Locks Canal. The Canal Trail is closed Nov 16- March 31 due to migrating birds. Trail is paved but can be bumpy in places due to roots under the trail. Only exit from the trail is at either end. The ride twice uses bridges to cross the Connecticut River.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
<i>6.1</i>	<i>Farms of South Windsor &amp; East Windsor</i>
<i>11.8</i>	<i>2nd Chance Horse Farm</i>
<i>15.6</i>	<i>Historic Homes on Rte 5 Enfield</i>
<i>17.1</i>	<i>X Ct River on Rte 190, views from Bike Trail</i>
<i>17.6</i>	<i>Canal Trail Park, river views, picnic tables and port o let in season @ north end of trail</i>
<i>19.9</i>	<i>Aqueduct on canal crossing Stony Brook</i>
<i>23.8</i>	Volunteer Park, picnic tables along CT River. Facilities available at Water Pollution Control building across the street.

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**Ride description: Wu-New210**

**Route sheet: RS-New210**

**Ride submitted by: Andy Johnson, 10/17/12 (updated 10/23/12)**