

Ride To York Lake

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **37.8 miles**

Elevation Gain: **1585 feet**

Degree of Difficulty Index: **1585 ft / 37.8 mi = 41.93 ft/mi** Terrain: **Rolling**

Killer Hills: **None**

Geographical Region: **Northwest Connecticut**

Starting Location (city/town): **Barkhamsted (near Riverton Village)**

Starting Location (detailed directions to): **Whittemore Recreation Area parking lot in People's State Forest, East River Rd., Barkhamsted. Take Rt. 44 to Rt. 181 in New Hartford; follow Rt. 181 to the stop sign in Pleasant Valley. Go right on Rt. 318 across bridge (Farmington River) and then take the next left on East River Rd. immediately after bridge. The Whittemore Recreation Area w/sign is on the left in about 3 miles.**

Ride Description: **This is a very scenic ride alongside the Farmington River and Sandy Brook to York Lake in Sandisfield State Forest. Stop for ice cream and visit the glass blower in the quaint village of Riverton near the end of the ride. There are many lovely water views, and possibly a bear or two!**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Whittemore Recreation Area, Peoples State Forest
0.0+	<i>Start 7 mile ride alongside the scenic Farmington River</i>
7.3	Village of Riverton, General Store, ice cream, glass blower gallery in old church
9.8	<i>Start 4 mile ride alongside Sandy Brook (look out for bears!)</i>
21.5	<i>York Lake in Sandisfield State Forest, great spot for lunch (restrooms in season)</i>
29.5	Start nice 4.5 mile downhill run alongside Sandy Brook
36.4	Village of Riverton, General Store, ice cream, glass blower gallery in old church
37.8	Whittemore Recreation Area, People's State Forest

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Ride description: Wu-New196

Route sheet: RS-New196

Ride submitted by: Carol Marchion, 9/21/09 (updated 9/24/09)