

2009 Summer Sea Breeze Ride – 100 Mile Route (Century Ride)

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **101.0 miles**

Elevation Gain: **nnnn feet**

Degree of Difficulty Index: **nnnn ft / 101.0 mi = nnnn ft/mi**

Terrain: **Very hilly (est'd)**

Killer Hills: There is an ~ 0.8 mi. climb on County Rd starting @ cue 9.4 (+/-); the climb up Parmalee Hill Rd starting @ mile cue 21.2 is difficult; there is a very difficult 0.7 mi. (double pitch) climb on Haddam Quarter Rd between mile cues 39.4 & 40.2 and there is a lengthy climb on Turkey Hill Rd starting at mile cue 49.5. Additionally, there are several other hilly sections scattered throughout the ride route. This is a very difficult (off the charts) ride.

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Madison**

Starting Location (detailed directions to): **From I-95 Exit 61, go north (away from the ocean) on Rt. 79 for ~ 1 mile to the 1st traffic light. Turn left @ the light on Green Hill Rd and follow for ~ 1 mile to Polson Middle School (the old Daniel Hand HS) on the left. Turn left on the access road and use the parking area furthest from the school (closest to Green Hill Rd). **Note: use of the parking area is not permitted while school is in session. Schedule your ride accordingly.****

Ride Description: This very difficult, hilly Century ride (100 mi. +) passes through several upscale residential areas in Madison en route to and from rural and residential sections of Killingworth, Durham, Middlefield, Higganum, Chester, Deep River, Old Saybrook and Westbrook with brief forays into Guilford and Clinton along the way. It uses mostly back roads or residential roads with limited automobile traffic and features a scenic 1.5 mile ride along the Madison shoreline with spectacular views of Long Island Sound. There are several killer hills on the route so the ride should be attempted by only those who are in top biking condition.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Polson Middle School (located adjacent to the recently constructed Daniel Hand High School in a large, new campus); many athletic facilities and fields, including a running track, are located inside the campus
40.5	<i>Miller's Pond State Park; portable toilets</i>
45.4	Higganum business district
93.7	<i>Another bridge crossing of the Hammonasset River</i>
96.3	<i>Commence 1.5 mile ride along the Madison shoreline; spectacular ocean views</i>
97.0	East Wharf Beach; comfort station (seasonal)
101.0	Polson Middle School

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Ride description: **Wu-New192**

Route sheet: **RS-New192**

Ride submitted by: **Betty Gunning, 8/7/09 (updated 8/23/09)**