2009 Summer Sea Breeze Ride – 22 Mile Route

Total Distance: **22.7 miles**   Elevation Gain: **715 feet**

Degree of Difficulty Index: **715 ft / 22.7 mi = 31.5 ft/mi**   Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Madison**

Starting Location (detailed directions to): **From I-95 Exit 61, go north (away from the ocean) on Rt. 79 for ~ 1 mile to the 1ˢᵗ traffic light. Turn left on Green Hill Rd and follow for ~ 1 mile to Polson Middle School (the old Daniel Hand HS) on the left. Turn left on the access road and park in the parking area furthest from the school. <u>Note:</u> use of the parking area is not permitted while school is in session. Schedule your ride accordingly.**

Ride Description: **This short ride passes through many upscale residential areas in Madison with brief visits to Guilford, Killingworth and Clinton. It uses mostly back roads or residential roads with limited automobile traffic and features a scenic 1.5 mile ride along the Madison shoreline with spectacular views of Long Island Sound. The ride skirts Madison's business district but passes by Madison Green and the beautiful Congregational Church towards the end of the ride.**

Facilities and *Points of Interest*:

Mile	Facilities - *Points of Interest*
0.0	Polson Middle School (located adjacent to the new Daniel Hand High School in a large, new campus); many athletic facilities and fields, including a running track, are located inside the campus
7.2	*Bridge over the Hammonasset River*
13.2	*Heser's Pond w/ gazebo on the left*
15.2	*Another bridge crossing of the Hammonasset River*
17.9	*Commence 1.5 mile ride along the Madison shoreline; spectacular ocean views*
18.5	East Wharf Beach; comfort station (seasonal)
22.7	Polson Middle School

www.ctbikeroutes.org

Ride description: Wu-New189
Route sheet: RS-New189

Ride submitted by: Betty Gunning, 8/7/09 (updated 8/13/09)