

# Berkshire Byways - Canaan Valley Ride

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **30.5 miles**

Elevation Gain: **1013 feet**

Degree of Difficulty Index: **1013 ft / 30.5 mi = 33.21 ft/mi**      Terrain: **Flat to rolling**

Killer Hills:        **None**

Geographical Region: **Northwest Connecticut**

Starting Location (city/town): **Canaan, Ct.**

Starting Location (detailed directions to): **Stop & Shop parking lot, Rt. 44 in Canaan, just east of the Rt. 7 intersection**

Ride Description: **This is a very scenic ride through the beautiful countryside of the Southern Berkshires, passing by farmlands and forests, and quaint country towns.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	Stop & Shop Supermarket. Black Forest Bakery across Rt. 44
2.3	<i>Beckley Furnace historical site, iron forge and displays on the right.</i>
11.6	Mill River Village, general store on the right
18.8	<i>Sheffield village, interesting NE town</i>
19.8	<i>Sheffield Covered Bridge, pedestrian bridge across the Housatonic River</i>
26.5	<i>Bartholomew's Cobble, nature displays, hiking trails, restrooms</i>
27.4	Ashley Falls village
30.5	Stop & Shop, Black Forest Bakery across Rt. 44

**[www.ctbikeroutes.org](http://www.ctbikeroutes.org)**

**Ride description: Wu-New185**

**Route sheet: RS-New185**

**Ride submitted by: Carol Marchion, 8/2/09 (updated 11/10/09)**