

# Middletown to Shuttle Meadow Ride

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **30.37 miles**

Elevation Gain: **1463 feet**

Degree of Difficulty Index: **1463 ft / 30.37 mi = 48.17 ft/mi** Terrain: **Rolling to hilly**

Killer Hills: **None**

Geographical Region: **Southwest but on the border of South Central**

Starting Location (city/town): **Middletown**

Starting Location (detailed directions to): **I-91 Exit 20 CPL (Country Club Road), Middletown**

Ride Description: **The ride is over mostly rolling terrain with a few challenging hills. The route travels over mostly rural roads while visiting the towns of East Berlin, Kensington, New Britain and Southington...as well as the Westfield section of Middletown. There is a grocery store (mile 9.0) where lunch/snack makings can be purchased or apples and other fruit will be available at Rogers Orchard in mid-ride (mile 14.4).**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
1.8	Aetna Campus on right
7.6	Waterfall/dam
8.1	Paper Goods Pond
9.0	Shopping center w/ grocery store on the left
10.9	Shuttle Meadow Country Club
12.9	Shuttle Meadow Reservoir
14.4	Rogers Orchards...fruit & beverages available at the farm store

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**Ride description: Wu-New183**

**Route sheet: RS-New183**

**Ride submitted by: Paul Grochowski, 7/19/09 (updated 11/5/09)**