The Along the Clinton/Westbrook Shoreline Scramble

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **29.60 miles** Elevation Gain: **309 feet**

Degree of Difficulty Index: 309 ft / 29.60 mi = 10.44 ft/mi

Terrain: Flat

Killer Hills: None

Geographical Region: South Central Connecticut

Starting Location (city/town): Clinton

Starting Location (detailed directions to): I-95 Exit 63 CPL (Rt. 81) in Clinton

Ride Description: This is one of the flattest rides in the website with numerous shoreline views, some (but not all) of which are mentioned in the table below. It visits several locations along the Clinton and Westbrook shoreline that are a bit off the beaten path. The ride is best suited for a casual, recreational tour in a group setting (as opposed to solo riders) since there are numerous turns on the ride route...including several left hand turns onto and off busy Rt. 1 --- which (together with other difficult left turns) have been high-lighted in yellow on the route sheet. Special care should be taken while negotiating these high-lighted turns. Rider safety can be an issue on this ride...which might best be ridden on weekdays of non-summer months. There are numerous stores on the route where food and beverages can be purchased.

Facilities and *Points of Interest*:

Mile	Facilities - Points of Interest
1.8	Clinton Green
4.7	Hammock Point – interesting views of Clinton Harbor and Long Island Sound
9.4	Commence loop tour of Pilot's Point (high rent district)
11.6	Westbrook Green on the left; Westbrook business district
12.3	Views of Sunset Beach, Westbrook Harbor and Long Island Sound
13.4	Waters Edge Resort on the right
15.1	Kelsey Point Beach
17.9	YMCA to the left; possible comfort stop
27.8	Clinton Harbor (views)

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Ride description: Wu-New175

Route sheet: RS-New175

Ride submitted by: Carol Marchion, 5/22/09 (updated 7/8/09)