

2009 Half-Triathlon Ride (Out and Back Version)

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **56.7 miles**

Elevation Gain: **3366 feet**

Degree of Difficulty Index: **3366 ft / 56.7 mi = 59.36 ft/mi** Terrain: **Hilly**

Killer Hills: **Difficult ¾ mile stretch on County Rd starting @ mile cue 13.0 (+/-); lengthy 1.8 mile climb on Beaver Meadow Rd starting at mile cue 26.5; very difficult 1.5 mile climb on Little City Rd starting at mile cue 38.4.**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Madison**

Starting Location (detailed directions to): **West Beach Parking lot in Hammonasset State Park in Madison; use I-95 Exit 62 and go south on the Hammonasset Connector to the TL; cross Rt. 1 @ the TL onto the access road into the park (there is a parking fee during the late spring, summer and early fall); continue past the toll booths to the rotary and follow signs to West Beach.**

Ride Description: **This is one of several routes that were developed for (possible) use during a 2009 Half Triathlon starting from Hammonasset SP. It is an "out-and-back" route and features some significantly hilly sections while traveling inland thru No. Madison, Killingworth, Higganum & Haddam to the turn-around point on Beaver Meadow Rd...largely on back roads w/ a minimum of traffic. For recreational riders the route provides a challenging workout w/ interesting views of some up-scale neighborhoods and several sparsely populated and forested areas.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	<i>Hammonasset State Park – West Beach area</i>
8.2	<i>Camp Laurel Wood on left (summer camp for kids)</i>
13.1	Start of tough ¾ mile hill climb on County Rd
21.6	Higganum Village business district
28.3	Turn-around point on Beaver Meadow Rd after a lengthy climb
35.0	Higganum Village business district
38.4	Begin a very difficult 1.5 mile climb on Little City Rd
41.0	Most of your hill climbing on this ride is history; enjoy a gradual loss of elevation all the way
	back to Hammonasset SP --- but w/ an occasional uphill stretch just to keep your mind focused
56.7	<i>Hammonasset State Park – West Beach area</i>

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Ride description: Wu-New169

Route sheet: RS-New169

Ride submitted by: Don Shildneck, 11/18/08 (updated 1/4/09)