## Maureen's Ride Around Lyme

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **50.7 miles** Elevation Gain: **3109 feet** 

Degree of Difficulty Index: 3109 ft / 50.7 mi = 61.32 ft/mi Terrain: Hilly

Killer Hills: There are several: a ¾ mi. difficult hill on Haywardville Rd up to Millington Green @ mile cue 25.8; several difficult hilly sections on Joshuatown Rd starting at mile cue 33.4

Geographical Region: Southeast Connecticut

Starting Location (city/town): Old Lyme

Starting Location (detailed directions to): Big Y parking lot, Rt. 1 in Old Lyme. Take I-95 Exit 70 (east of Baldwin Bridge). If eastbound on I-95, at the end of the ramp turn left onto Rt. 1 & Rt. 156. At the light go right on the continuation of Rt. 1 (Rt. 156 goes straight here); the access road to the Big Y will be on your right in about 300 yards (traffic light). If westbound on I-95, at the end of the ramp go straight onto Rt. 1 south for 0.4 mile to the Big Y on the left.

Ride Description: This is a hilly ride that should be attempted only by those who are in excellent biking condition. Having said that there are many delights awaiting those who tackle the ride, amongst them visits to Old Lyme Village, Hamburg Village, many miles of back and country road riding, a visit to Devil's Hopyard State Park, a special view of the Connecticut River from the site of an old ferry at Ely's Landing...and much, much more. Celebrate with an ice cream stop at the Old Lyme Ice Cream Shop near the end of your ride. You'll have earned it!

Facilities and *Points of Interest*:

Mile	Facilities - Points of Interest
0.0	Various shops in the A&P mall; bathrooms inside the Big Y
1.1	Village of Old Lyme; various quaint shops typical of an old New England village
9.4	Scott's farm stand store on right
24.2	Enter Devil's Hopyard State Park; Deep Pole roadside picnic area on R; ideal lunch stop( stream)
26.5	Millington Green
32.8	Convenience store on right after turning onto Ferry Rd (Rt. 148)
41.0	Ely's Landing (site of old ferry crossing); views of Connecticut River
49.0	Pass thru Old Lyme village for 2 <sup>nd</sup> time
49.1	Old Lyme Ice Cream Shop on right
50.7	Various shops in the Big Y mall; bathrooms inside the Big Y

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Ride description: Wu-New157

Route sheet: RS-New157

Ride submitted by: Maureen Schade/DPS, 7/6/08