

Hamden-Cheshire Circuit

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **32.7 miles**

Elevation Gain: **1440 ft**

Degree of Difficulty Index: **1440 ft / 32.7 mi = 44.04 ft/mi**

Terrain: **Flat to rolling**

Killer Hills: **None**

Geographical Region: **Southwest Connecticut**

Starting Location (city/town): **Hamden**

Starting Location (detailed directions to): **Start at the main parking area at Brooksvale Park, Hamden, on Brooksvale Ave. near the farm. From Rt. 15, Exit 61, head North on Whitney Ave. (becomes Rt. 10) for 5.6 miles. Left on Mt. Sanford Rd. (one block north of the Cheshire-Hamden town line), next left on Brooksvale Ave., then right into Brooksvale Park (across from 535 Brooksvale Ave.).**

Ride Description: **Explore the quiet back roads of Hamden and Cheshire, as you cycle past farms and fields with views of Meriden Mountain, the Sleeping Giant, and the shady Quinnipiac Gorge. Many miles of flat cruising with a few short hills to climb. Lunch in Southington.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Brooksvale Park, Hamden: farm, hiking and mountain biking trails
7.5-9.9	Cheshire is the bedding plant capital of Connecticut; all these farms show why
7.5	View of Meriden Mountain to the right with all the antennas
13.6	Southington Country Club on right
14.7	Food Stop: Many options to choose from including Subway, Arby's, Tops IGA, and McDonald's
15.5	Quinnipiac Valley Audubon Society's Riverbound Farm, a 23 acre nature sanctuary on right
17.5	Quinnipiac Gorge Trail, once the Meriden and Waterbury Railroad, abandoned in 1924
29.6	Sleeping Giant State Park is on your left; you can clearly see the Giant's head and torso

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Ride description: Wu-New150

Route sheet: RS-New150

Ride submitted by: Tom Ebersold, 9/1/07 (updated 11/16/09)