

SCCC's Summer-Breeze Metric Century

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **64.7 miles**

Elevation Gain: **3078 feet**

Degree of Difficulty Index: **3078 ft / 64.7 mi = 47.57 ft/mi** Terrain: **Rolling to hilly**

Killer Hills: There are several hilly sections early in the ride (on Bartholomew Rd and Brainard Hill Rd) and on several portions of the 5 mile stretch between Haddam Meadows SP (16.3 mi.) and the turn off Beaver Meadow onto Parker Hill Rd (21.4 mi.)

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Middletown**

Starting Location (detailed directions to): **Vinal Tech High School, Daniels Rd, Middletown. From intersection of Randolph Rd. (Rt. 155) and Rt. 17 in the southern part of Middletown, take Randolph Rd west for ~ 0.7 miles; go left @ SS on Long Hill Rd for ~ 0.2 miles and turn right on Daniels St. Vinyl Tech will be on your right in 0.1 miles.**

Ride Description: This ride was offered by the Southern Connecticut Cycle Club during the summer of 2006. Portions of the ride (especially early in the ride) are over seriously hilly terrain but the ride then mellows out as it descends to sea level and the mid-point of the ride at Hammonasset State Park. The large pavilion facing the ocean at Meigs Point has (seasonal) water and bathrooms, Pavilion #4 at Meigs Point has portable toilets and the Nature Center has bathrooms that are open year round. This locale is ideal for your mid-ride lunch stop and/or rest break.

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Vinal Tech High School
6.1	Middlesex Community College main campus on the left
13.9	Higganum business district; various food stores
16.3	<i>Haddam Meadows State Park; seasonal portable bathrooms</i>
27.2	Irene Sheldon Park is 0.1 mi. to the right; bathroom facilities & water there (if needed)
35.2	<i>Enter Hammonasset State Park</i>
37.5	<i>Pavilion # 4 at Meigs Point; Nature Center w/ bathrooms at 37.8 mi. after leaving pavilion</i>
42.7	<i>Madison Green; old town hall; Congregational Church</i>
49.4	<i>Camp Laurelwood (kids' summer camp) to the left</i>
59.7	<i>Durham Green; town hall; library; fair grounds on left @ ~ 59.9 mi.</i>
64.7	Vinal Tech High School

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Ride description: Wu-New148

Route sheet: RS-New148

Ride submitted by: Betty Gunning/Dps, 8/8/07 (updated 4/4/08)

