

SCCC's 2006 Summer Breeze 22-mile Route

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **22.2 miles**

Elevation Gain: **1485 feet**

Degree of Difficulty Index: **1485 ft / 22.2 mi = 66.89 ft/mi** Terrain: **Very hilly**

Killer Hills: **None; but there are several seriously hilly sections on this route**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Middletown**

Starting Location (detailed directions to): **From intersection of Randolph Rd (Rt. 155) and Rt. 17 in the southern part of Middletown, take Randolph Rd west for ~ 0.7 miles; go left @ SS on Long Hill Rd for ~ 0.2 miles and turn right on Daniels St. Vinyl Tech will be on your right in 0.1 miles.**

Ride Description: **This very challenging and hilly ride starts in southern Middletown, moves quickly into Middlefield before dropping south down into Durham. The ride is largely over back roads with lots of orchards, forests and rural scenery. There is a bit of riding along several state roads with relatively heavy traffic...so take care along these stretches. The route passes through the Lyman Orchards Golf Course @ mile cue 3.7 (+/-) and climbs to the top of Powder Hill ridge @ mile cue 7.0 (+/-) w/ a magnificent 360 degree view...amongst other attractions.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Vinyl Tech High School
3.7	Lyman Orchards Golf Course (views)
7.0	Powder Hill ridge w/ 360 degree views
15.5	Coginchaug High School in Durham; other schools; sports complex (ball fields, tennis courts, etc.)
22.2	Vinyl Tech High School

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Ride description: **Wu-New147**

Route sheet: **RS-New147**

Ride submitted by: **Betty Gunning/DPS, 8/8/07 (updated 8/18/07)**

