

SCCC Country-Breeze Metric Century Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **65.9 miles**

Elevation Gain: **4087 feet**

Degree of Difficulty Index: **4087 ft / 65.9 mi = 62.2 ft/mi** Terrain: **Hilly**

Killer Hills: **None; but there are numerous hilly sections on the ride route**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Middletown**

Starting Location (detailed directions to): **From intersection of Randolph Rd (Rt. 155) and Rt. 17 in the southern part of Middletown, take Randolph Rd west for ~ 0.7 miles; go left @ SS on Long Hill Rd for ~ 0.2 miles and turn right on Daniels St. Vinal Tech will be on your right in 0.1 miles**

Ride Description: **This ride follows the route of the supported ride offered by the Southern Connecticut Cycle Club on 7/18/05. This is a very challenging, lengthy and hilly ride that starts at Vinal Tech high School in southern Middletown, moves quickly into Middlefield before dropping south through Durham and Killingworth into Madison. It then heads north through Clinton, Killingworth, Chester and Higganum before returning to the starting point. The ride is largely over back roads with little traffic and lots of forested and rural scenery. There is just a bit of riding along state roads Rt. 17, Rt. 148, Rt. 80, Rt. 154 and Randolph Rd (Rt. 155) where you should be alert for relatively heavy and/or fast traffic. The route passes Cedar Lake at mile cue 41.5 and visits Haddam Meadow State Park @ mile cue 48.8 ...amongst other attractions.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Vinyl Tech High School
37.1	Irene Sheldon Park; bathrooms; water inside the park at the athletic fields
41.5	Cedar Lake (views)
48.8	Haddam Meadows State Park
52.0	Higganum business district (places to re-provision available)
65.9	Vinyl Tech High School

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Ride description: Wu-New146

Route sheet: RS-New146

Ride submitted by: Betty Gunning/DPS, 8/8/07 (updated 9/3/07)