

# SCCC's 2005 Country-Breeze 25-mile Ride

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **26.8 miles**

Elevation Gain: **1827 feet**

Degree of Difficulty Index: **1827 ft / 26.8 mi = 68.04 ft/mi**      Terrain: **Very hilly**

Killer Hills: **None; but there are several seriously hilly sections on this route**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Middletown**

Starting Location (detailed directions to): **From intersection of Randolph Rd (Rt. 155) and Rt. 17 in the southern part of Middletown, take Randolph Rd west for ~ 0.7 miles; go left @ SS on Long Hill Rd for ~ 0.2 miles and turn right on Daniels St. Vinyl Tech will be on your right in 0.1 miles.**

Ride Description: **This very challenging and hilly ride starts in southern Middletown, moves quickly into Middlefield before dropping south down into Durham. The ride is largely over back roads with lots of forested and rural scenery. There is a bit of riding along Rt. 17 and Randolph Rd (Rt. 155) with relatively heavy traffic. The route passes Miller Pond State Park @ mile cue 20.9 (+/-)...amongst other attractions.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
0.0	Vinyl Tech High School
8.6	South Fire District Station & town offices; stay to the right and travel CCW around the complex
	before exiting on Lee St
16.1	Entrance to Coginchaug High School in Durham on the right
20.9	Entrance to Miller Pond State Park to the left
26.8	Vinyl Tech High School

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**Ride description: Wu-New145**

**Route sheet: RS-New145**

**Ride submitted by: Betty Gunning/DPS, 8/8/07 (updated 9/2/07)**