

Milford Turf to Surf

NOTE: This Ride Description and its corresponding Route Sheet were transcribed directly from the ride developer's originals and were not checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **37.75 miles**

Elevation Gain: **N/A**

Degree of Difficulty Index: **N/A**

Terrain: **Flat to rolling (Est'd)**

Killer Hills: **None**

Geographical Region: **Southwest Connecticut**

Starting Location (city/town): **Milford**

Starting Location (detailed directions to): **Meet in the parking lot behind the tennis courts at the rear of the Milford Library. From I-95 North, take Exit 37; right onto High Street and straight across Rt. 1 to the Milford Green. From I-95 South, take Exit 36 and head north to Exit 37. Then, left onto Broad St. at light; straight across stone bridge; make a right turn at the light by the Milford Library. Drive around the back of the library and past the tennis courts to the parking lot BEHIND the tennis courts and next to the baseball field.**

Ride Description: **Cycle along shaded inland roads before cruising down to the shore and along the beach. Terrain is mild throughout with no point higher than 220 feet and includes many miles of flat cruising.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
0.0	Fowler Field: baseball fields, tennis courts, boat launch, Milford Public Library
0.7	Duck pond and the "kissing bridge"
10.5	Eisenhower Park on the left for about the next mile
15.8	State boat launch ramp for the Housatonic River is to the right
16.2	Devon section of Milford
18.5	Audubon Building: displays, views, bathrooms, water
20.2	Walnut Beach, Milford City Beach to the right, restrooms available in season
21.4	Silver Sand State Park entrance; tour through park begins here
23.3	Fort Trumbull Beach with views toward Milford Harbor and Gulf Beach
23.4	Northeast Fisheries Science Laboratory, operated by the National Oceanic and Atmospheric Administration on right
24.4	If you wish to purchase lunch, there are many options in downtown Milford.
25.6	Gulf Beach, a Milford city beach, restrooms available in season
31.0	Borough of Woodmont, a section of Milford with its own government

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Ride description: Wu-New144

Route sheet: RS-New144

Ride submitted by: Tom Ebersold, 8/4/07 (updated 4/16/09)