

# Guilford Coastal Explorer

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **25.8 miles**

Elevation Gain: **704 feet**

Degree of Difficulty Index: **704 ft / 25.8 mi = 27.28 ft/mi**      Terrain: **Flat to rolling**

Killer Hills:      **None**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Guilford**

Starting Location (detailed directions to): **Calvin Leete School, 280 South Union St., Guilford; I-95 Exit 59 (Goose Lane); right on Goose Lane; cross Rt. 1 @ light to stop sign; right on Rt. 146 for ~ ¾ mile; left on South Union St (sign for K of C Hall on corner) for ~ ¼ mile; school is on the left; ample parking on weekends; tight to non-existent parking when school is in session. Use Exit 59 CPL if the school parking lot is unavailable. Ride your bike using these directions from the CPL, so you can start the ride at the school.**

Ride Description: **Explore the many hidden corners of Guilford's craggy coastline, including Island Bay, Sachems Head Harbor, Indian Cove, Chaffinch Island and Guilford Point with their frequent water views. The suggested lunch stop occurs late in the ride at Guilford Green.**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
<i>0.7</i>	<i>Guilford Green on the left; various stores</i>
<i>6.7</i>	<i>Occasional views of Island Bay</i>
<i>9.7</i>	<i>Joshua Cove</i>
<i>11.1</i>	<i>Sachem Head Harbor</i>
<i>12.5</i>	<i>Causeway to Vineyard Point</i>
<i>12.6</i>	<i>Start counterclockwise tour of Vineyard Point; note the lovely homes</i>
<i>16.1</i>	<i>Indian Cove</i>
<i>17.1</i>	<i>More views of Indian Cove</i>
<i>19.3</i>	<i>Chaffinch Island Park</i>
<i>21.6</i>	<i>Guilford village; green to the left; possible lunch/snack stop</i>
<i>22.9</i>	<i>Guilford Town Beach</i>
<i>23.6</i>	<i>Guilford Harbor and boat launch</i>

**[www.ctbikeroutes.org](http://www.ctbikeroutes.org)**

**Ride description: Wu-New129**

**Route sheet: RS-New129**

**Ride submitted by: Tom Ebersold/DPS, 6/6/07 (updated 7/22/07)**