

SCCC's Hammonasset via Clinton/Killingworth Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **32.4 miles**

Elevation Gain: **1248 feet**

Degree of Difficulty Index: **1248 ft / 32.4 mi = 38.52 ft/mi** Terrain: **Rolling**

Killer Hills: **None**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Clinton**

Starting Location (detailed directions to): **I-95 Exit 63 CPL (Rt. 81) in Clinton**

Ride Description: **While there are a few hilly sections on the ride, especially during the first 10 miles and last 6 miles, the rest of the ride is over relatively flat terrain. There is one 3.5 mile stretch that uses Rt. 81, which can be busy on the weekends and holidays during the summer months...so choose your ride timing accordingly. One of the highlights is a visit to Hammonasset State Park's Meig's Point with its pavilion, seasonal bathrooms, water supply and views. The Meig's Point Nature Center has bathrooms that are open year round.**

Facilities and *Points of Interest*:

Mile	Facilities - <i>Points of Interest</i>
1..5	Glenwood Market on the left; supplies can be purchased
5.9	Irene Sheldon Park is 0.1 miles to the left (west); has portable toilets & water
13.8	Killingworth Market on right; supplies available
21.3	Fish Tail on right and bakery diagonally across Rt. 1 to the right
23.9	Meig's Point Pavilion w/ seasonal bathrooms & water; views; good spot for a lunch/snack break
29.5+	Small pond on right; nice spot for a breather

Note: This ride has been provided by the Southern Connecticut Cycle Club from its Ride Library as a service to the Connecticut bicycling community

www.ctbikeroutes.org

Ride description: **Wu-New122**

Route sheet: **RS-New122**

Ride submitted by: **SCCC (www.ctcycle.org)/DPS, 6/9/07**