SCCC's Guilford/Madison/Stony Creek Ride

NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the www.ctbikeroutes.org team

Total Distance: **36.2 miles** Elevation Gain: **1178 feet**

Degree of Difficulty Index: 1178 ft / 36.2 mi = 32.54 ft/mi Terrain: Flat to rolling

Killer Hills: None

Geographical Region: South Central Connecticut

Starting Location (city/town): Guilford

Starting Location (detailed directions to): I-95 Exit 58 CPL (Rt. 77) in Guilford; suggest that the western section of the split CPL be used.

Ride Description: This is a very comfortable and scenic route over mostly flat terrain that features a 2 mile ride along the Madison shoreline, a tour around Sachem's Head in Guilford and a visit to Stony Creek with its outstanding views of the Thimble Islands. Though there are some lengthy stretches of riding along Rt. 1 going west from Madison to Guilford and east from Branford to Guilford, there are wide shoulders and smooth pavement to ease your way. Also, the ride uses Rt. 146 from Guilford to Stony Creek from which there are occasional views of L.I. Sound and copious views of the salt marshes along the way. Re-provisioning can best be done in Guilford at the shops scattered around Guilford Green.

Facilities and *Points of Interest*:

Mile	Facilities - Points of Interest
11.5	Start 2 mile (+/-) tour along the Madison shoreline; views of L.I. Sound
13.3	West Wharf pier/jetty (views)
18.1	Guilford Green; various shops for re-provisioning, as needed; good mid-ride spot for a lunch stop
19.4	Start 4.4 mile tour around Sachem's Head (occasional views)
27.8	Stony Creek town dock (views)
28.1	Stony Creek Market & Pizza on right

Note: This ride has been provided by the Southern Connecticut Cycle Club from its Ride Library as a service to the Connecticut bicycling community

www.ctbikeroutes.org

Ride description: Wu-New109 Route sheet: RS-New109

Ride submitted by: SCCC (www.ctcycle.org)/DPS, 4/25/07 (updated 5/3/07)