

# SCCC's Goose Lane to Hammonasset Ride #4

**NOTE: This Ride Description and its corresponding Route Sheet may not have been checked for accuracy by the [www.ctbikeroutes.org](http://www.ctbikeroutes.org) team**

Total Distance: **29.6 miles**

Elevation Gain: **902 feet**

Degree of Difficulty Index: **902 ft / 29.6 mi = 30.47 ft/mi**      Terrain: **Flat to Rolling**

Killer Hills:      **None**

Geographical Region: **South Central Connecticut**

Starting Location (city/town): **Guilford**

Starting Location (detailed directions to): **I-95 Exit 59 CPL (Goose Lane) in Guilford**

Ride Description: **This interesting ride passes through several up-scale residential areas in Guilford and Madison and features a visit to Hammonasset State Park. The terrain is largely flat with just a few modest hills along the way. The ride route takes several roads not often used on Shoreline bike rides. All in all this is a very pleasing ride that stays almost entirely off heavily traveled, busy state roads. It's a "keeper".**

Facilities and *Points of Interest*:

<b>Mile</b>	<b>Facilities - <i>Points of Interest</i></b>
3.0	<i>Guilford Lakes Golf Course</i>
3.4	<i>Guilford Lakes</i>
19.0	<i>Hammonasset State Park...Meig's Point (seasonal bathrooms &amp; water; views)</i>
19.3	<i>Nature Center (year round bathrooms; displays when open to public)</i>
22.6	<i>Start ~ 1.5 mile ride along Madison's shoreline (outstanding views)</i>
24.5	<i>Madison Green</i>

**Note: This ride has been provided by the Southern Connecticut Cycle Club from its Ride Library as a service to the Connecticut bicycling community**

[www.ctbikeroutes.org](http://www.ctbikeroutes.org)

**Ride description: Wu-New108**

**Route sheet: RS-New108**

**Ride submitted by: SCCC ([www.ctcycle.org](http://www.ctcycle.org))/DPS, 5/4/07**